



Farmers' All Natural Creamery Organic Cheese!

FARMERS' ALL NATURAL CREAMERY CHEESES are loved for their distinct flavor. Unlike the mass produced cheeses of today, our cheese making is personally watched over by our cheese maker's masterful eye. The extraordinary flavor of our cheeses starts with fresh milk that comes straight from our small family farms. Let out to pasture, our animals' diets are rich with fresh greenery and flowers giving our cheeses the great aromatic complexity that makes them so delicious.

Cheese was once created by cheese makers in small, local dairies. Their cheese had characteristic flavors and appearances that were informed by the flora in local pasture land and the ripening stage of making cheese that was unique to each dairy's approach. Industrialization of both farming and food production led to the decline of cheese diversity. Animals are commonly not pastured, but fed on a year round uniform diet creating neutral milk that will give no unique quality to cheese flavor. Further adding to the lack of character of the cheese, these cheeses moved from being made

in small local dairies to more industrial factory operations. Quality standards fell to the wayside as economies of large scale production became paramount. The long ripening stage in the process for making cheese is interrupted before full ripening is complete yielding less robust cheese. Mass produced cheese and industrial farming have made the search for cheese with distinguishing taste a challenge. You'll appreciate the attentive care and wonderful milk that the Farmer's All Natural Creamery puts into making all its classic cheeses.

Classic Cheeses

Mozzarella



Provolone



Monterey Jack



Medium Cheddar



Mild Cheddar



Muenster

Mozzarella



8oz

Provolone



8oz

Monterey Jack



8oz

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ORGANIC BY:
Iowa Department
of Agriculture
& Land
Stewardship

Medium Cheddar



8oz

Mild Cheddar



8oz

Muenster



8oz

NUTRITION FACTS

Percentage of Daily Value (grams)

	Mozzarella	Provolone	Monterey Jack	Medium Cheddar	Mild Cheddar	Muenster
Serving Size	1oz (30g)	1oz (30g)	1oz (30g)	1oz (30g)	1oz (30g)	1oz (30g)
Calories	100	52	100	110	110	120
Calories from Fat	70	37	70	80	80	90
Sat Fat	20% (4g)	13% (2.5g)	25% (5g)	30% (6g)	30% (6g)	30% (6g)
Trans Fat	0% (0g)	0% (0g)	0% (0g)	0% (0g)	0% (0g)	0% (0g)
Total Fat	13% (8g)	7% (4.5g)	12% (8g)	14% (9g)	14% (9g)	15% (10g)
Cholesterol	7% (20mg)	4% (11mg)	10% (30mg)	10% (30mg)	10% (30mg)	10% (30mg)
Sodium	7% (175mg)	4% (104mg)	7% (170mg)	8% (185mg)	8% (185mg)	8% (185mg)
Carbs.	0% (0g)	0% (0g)	0% (0g)	0% (0g)	0% (0g)	0% (0g)
Protein	(7g)	(4g)	(7g)	(7g)	(7g)	(7g)
Vitamin A	4%	2%	6%	6%	6%	6%
Vitamin C	0%	0%	0%	0%	0%	0%
Calcium	20%	20%	20%	20%	20%	20%
Iron	0%	0%	0%	0%	0%	0%

* Contains less than 2% of daily value of Vitamin D

www.kalonaorganics.com



P.O. Box 668
Kalona, Iowa 52247
319-656-4220