



AUTHENTIC ORGANIC
Milk

- Whole
-
- Reduced Fat 2%
-
- Low Fat 1%
-
- Non Fat Skim
-
- Whole Chocolate

Farmers' All Natural Creamery Authentic Organic Milk!

The Farmers' All-Natural Creamery delivers organic, cream-top milk that stands apart in quality and taste. The milk comes largely from small, Amish / Mennonite family farms where the average daily herd is 35 cows and where most of the work is still done by hand. Many of these farms—most of which are on about 80 tillable acres—have been in the same family for 150 years and have never been touched by chemical herbicides or pesticides.

Fresh and Full of Flavor

What has our customers raving about our milk? The simple fact is that our Grade A organic milk is the most minimally processed milk available, so it is much fresher when it reaches the grocery shelf. Our milk is non-homogenized (the cream is left in its whole state, giving it a sweet, creamy taste) and VAT pasteurized, meaning it is pasteurized at the lowest temperature (145 degrees F) that can be used and still meet pasteurization standards. VAT

pasteurization heats at half the temperature of a UHT process (cooked milk) and 30 or more degrees less than the HTST method (standard fresh milk pasteurizing). What all of this means is that our milk not only tastes fresh, it is fresh. It does not have the "cooked" or "burnt" flavor found in ultra pasteurized milk. And you can be guaranteed that it won't be sitting on the grocery shelf with a 57 day shelf life like other ultra pasteurized milk. With Kalona Organics and Farmers' All Natural Creamery you are truly getting farm fresh milk.

**Organic Milk,
Whole**



128oz - Gallon

**Organic Milk,
Reduced Fat 2%**



128oz - Gallon

**Organic Milk,
Non Fat Skim**



128oz - Gallon

**Organic Milk,
Low Fat 1%**



64oz - Half Gallon

**Organic Milk,
Whole**



64oz - Half Gallon

**Organic Milk,
Reduced Fat 2%**



64oz - Half Gallon

**Organic Milk,
Non Fat Skim**



64oz - Half Gallon

**Organic Milk,
Whole Chocolate**



64oz - Half Gallon

**Organic Milk,
Whole**



32oz - Quart

**Organic Milk,
Reduced Fat 2%**



32oz - Quart

**Organic Milk,
Non Fat Skim**



32oz - Quart

**Organic Milk,
Whole Chocolate**



32oz - Quart

CERTIFIED
ORGANIC BY:
Iowa Department
& Land
Stewardship

NUTRITION FACTS

Percentage of Daily Value (grams)

	Whole	2%	1%	Skim	Whole Chocolate
Serving Size	1 cup (240ml)	1 cup (240ml)	1 cup (240ml)	1 cup (240ml)	1 cup (240ml)
Calories	150	120	100	80	190
Calories from Fat	70	40	20	0	70
Sat Fat	25% (5g)	14% (3g)	8% (1.5g)	0% (0g)	25% (5g)
Trans Fat	0% (0g)	0% (0g)	0% (0g)	0% (0g)	0% (0g)
Total Fat	12% (5g)	7% (4.5g)	4% (2.5g)	0% (0g)	12% (8g)
Cholesterol	10% (30mg)	6% (20mg)	3% (10mg)	1% (4mg)	12% (35mg)
Sodium	5% (120mg)	5% (120mg)	5% (120mg)	5% (125mg)	10% (245mg)
Fiber	0% (0g)	0% (0g)	0% (0g)	0% (0g)	0% (0g)
Sugars	(11g)	(11g)	(11g)	(11g)	(23g)
Total Carb.	4% (11g)	4% (11g)	4% (11g)	4% (12g)	8% (23g)
Protein	16% (8g)	16% (8g)	16% (8g)	16% (8g)	16% (8g)
Vitamin A	6%	6%	6%	6%	6%
Vitamin C	2%	2%	2%	2%	2%
Calcium	30%	30%	30%	30%	30%
Iron	0%	0%	0%	0%	0%
Vitamin D	*	*	*	*	*



P.O. Box 668
Kalona, Iowa 52247
319-656-4220

www.kalonaorganics.com

* Contains less than 2% of daily value of Vitamin D